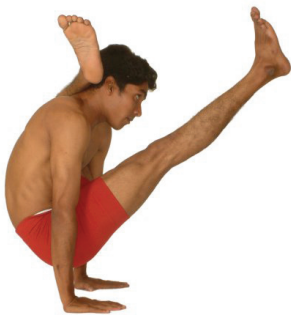




**Rangoli Foundation
presents
Yoga Workshops
as a part of
25th Anniversary
Celebrations!**

Renjith Babu Choorakkad

(Instructor from Chennai, India)



Rangoli Foundation presents a unique series of Yoga workshops during summer with Renjith Babu Choorakkad at the Rangoli Space, Sherman Oaks, Ca. Renjith combines strong and focused instruction with a discerning eye directed to the needs of each individual. His expertise in the applications of Yoga asanas enables him to craft simple and effective movement sequences. Renjith lives in Chennai, India, where he teaches dance (Bharatanatyam) and Yoga at his own studio. Renjith Babu is an invited artist of Rangoli Foundation for summer performances and workshops in Los Angeles. This is a rare opportunity to study with a dynamic young Yogi. We encourage everyone to take advantage of these workshops. They are joyful and an important part of daily living.

Renjith Babu Choorakkad

Renjith Babu is a dedicated student and practitioner of Yoga since 1996. Renjith views Yoga as a meditative physical discipline that combines strength, flexibility, focus and feeling. His training in Yoga began under Srivatsa Ramaswami. In 2001, he began teaching Yoga after he acquired the 'YOGA SHIRONMANI' on completing the Teachers Training Course (TTC) from the Sivananda Yoga Vedanta Centre (Trivandrum, Kerala). In March 2009 he received the prestigious 'YOGA ACHARYA' title on successfully completing his Advanced Teachers Training Course (ATTC) from the Sivananda Ashram in Madurai. His workshops on Yoga have been well received in India as well as abroad. Renjith also had the golden opportunity to assist his Yoga teacher, Srivatsa Ramaswami for his recent work on a book called "The Complete Book of Vinyasa Yoga". He is also influenced by Pilates, an effective method of bodywork popular among dancers.



Workshop Dates: July 11 – 25 & August 1 – 14

Workshop Location: Rangoli Space, Sherman Oaks, Ca

For information regarding location, schedule, and fee, please call or write:
818 384 1954 or malathisiyengar@gmail.com

A Presentation of Rangoli Foundation for Art & Culture
www.rangoli.org